

HEROES MUD MILE

Saturday, May 13th 2017

Join The Arena Club in support of Harford County Deputy Sheriff's Benevolent Fund

Special Note: For the safety of participants, staff, and volunteers, spectators may not enter any part of the race course except designated viewing areas. Please respect course volunteers and give right-of-way to participants when crossing the course.



The Heroes Mud Mile is a fun one-mile obstacle course for participants ages 16 and over. Held on the grounds of The Arena Club, the event features 14 obstacles that include monkey bars, cargo nets, a brief swim, mud pit, and warped wall!

REGISTER
www.active.com

REGISTRATION & VOLUNTEER CHECK IN

PARKING BEHIND CAMPUS HILLS SHOPPING CENTER

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| 1 Pat Dailey Water Dash | 4 Warrior Warped Wall | 7 Mark Logsdon Ladder Climb | 10 Ballistic Balance Beam | 13 Mission Mud Pit |
| 2 Search & Seizure Sand Crawl | 5 Suspect Spider Web | 8 Tactical Tire Tunnel | 11 Captain's Cargo Climb | 14 FINISH LINE & BAVF FIRE TRUCK RINSE |
| 3 Heroes Hurdles | 6 Misdemeanor Monkey Bars | 9 Common Law Climbing Wall | 12 High Knees Negotiations | |

